



## Free Family First Aid Awareness at Church Hill Nursery School

This course is for anyone interested in First Aid and how to recognise signs, symptoms and possible treatments in the event of an emergency. Please note this course for awareness raising only and is not a first aid qualification.

**This is an adult only course and will run from 8<sup>th</sup> November 2018 to 6<sup>th</sup> December for 5 Thursdays from 9.00am to 11.00am**

You will also learn how to:

- administer CPR
- deal with a choking casualty
- place a patient in the recovery position
- bandage correctly and deal with bleeding
- spot signs and symptoms, heart attacks, stroke, head injuries, broken bones, shock and anaphylaxis
- identify symptoms of diabetes
- deal with seizures and burns

### Course details

This course is FREE and suitable for all parents and carers of the school's children. Please note there are no crèche facilities available for this course, however if your child normally attends nursery in the afternoon and you would like to do the course, please see Pat.

***“I learned new knowledge and skills”***

**Please ask at the school office or speak to Pat for more information on 0208 520 4919 or email: [pat.english@churchhill.waltham.sch.uk](mailto:pat.english@churchhill.waltham.sch.uk)**

Application form for the Family First Aid Awareness courses for Parents and Carers

|                      |  |
|----------------------|--|
| Name of Parent/Carer |  |
| Telephone Number     |  |
| Email address        |  |

Please return this slip to Pat via the main office by Thursday 1<sup>st</sup> November.  
Places are limited, so don't miss out.



Education & Skills  
Funding Agency

